



33. Silberberglauf Möhrenbach
Möhrenbach/ Thüringen / 04.05.2013

Detailed evaluation

Köhler, Ljuba

Club: LSV Lok Arnstadt
Number: 556

Course: 11.00 km
Hauptlauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:03:29

Speed: 10.40 km/h
Running performance: 5:46 min/km

Rank in course/Total: 41 (of 63)
Rank in course/Women: 8 (of 18)
Best time in course: 52:52

Rank in category: 2(of 3)
Best time in the category: 56:56