



33. Silberberglauf Möhrenbach  
Möhrenbach/ Thüringen / 04.05.2013

Detailed evaluation

Rehberg, Ingo

Club: Team Kondi - Uni Bayreuth  
Number: 150

Course: 5.00 km  
Schnupperlauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 24:19

Speed: 12.34 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 5 (of 49)

Rank in course/Men: 5 (of 31)

Best time in course: 20:31

Rank in category: 1(of 1)

Best time in the category: 24:19