



1. Erfurter Waldlauf und 10. Thüringer Frauenlauf  
Erfurt, Steigerwald / 05.05.2013

Detailed evaluation

Urban, Daniela

Club: Erfurt  
Number: 1190

Course: 2.00 km  
Jedermannlauf

Category:  
Damen

Total time: 9:31

Speed: 12.61 km/h  
Running performance: 4:46 min/km

Rank in course/Total: 5 (of 6)  
Rank in course/Women: 2 (of 3)  
Best time in course: 9:26

Rank in category: 2(of 3)  
Best time in the category: 9:26