



1. Erfurter Waldlauf und 10. Thüringer Frauenlauf
Erfurt, Steigerwald / 05.05.2013

Detailed evaluation

Topel, Rainer

Club: Erfurt
Number: 1096

Course: 10.00 km
Walking

Category:
Herren

Total time: 1:28:42

Speed: 6.76 km/h
Running performance: 8:52 min/km

Rank in course/Total: 5 (of 7)

Rank in course/Men: 3 (of 4)

Best time in course: 1:13:34

Rank in category: 3(of 4)

Best time in the category: 1:13:34