



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch  
Bödefeld / 11.05.2013

Detailed evaluation

**Martin, Michael**

Club: WOLL

Number: 2367

Course: 21.00 km

21 km Lauf

Category:

Senioren M50

Total time: 1:58:56

Speed: 10.59 km/h

Running performance: 5:40 min/km

Rank in course/Total: 13 (of 63)

Rank in course/Men: 12 (of 47)

Best time in course: 1:32:40

Rank in category: 2(of 11)

Best time in the category: 1:52:45