



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch
Bödefeld / 11.05.2013

Detailed evaluation

Bruns, Klaudia

Club: Borbecker Raketen Essen
Number: 2414

Course: 21.00 km
21 km Lauf

Category:
Seniorinnen W50

Total time: 2:02:39

Speed: 10.27 km/h
Running performance: 5:50 min/km

Rank in course/Total: 19 (of 63)

Rank in course/Women: 3 (of 16)

Best time in course: 1:51:59

Rank in category: 1(of 3)

Best time in the category: 2:02:39