



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch
Bödefeld / 11.05.2013

Detailed evaluation

Kraus, Andre

Club: LAC Veltins Hochsauerland
Number: 2171

Course: 14.00 km
14 km Lauf

Category:
Senioren M35

Total time: 58:43

Speed: 14.31 km/h
Running performance: 4:11 min/km

Rank in course/Total: 3 (of 73)

Rank in course/Men: 3 (of 48)

Best time in course: 53:45

Rank in category: 2(of 9)

Best time in the category: 53:45