



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch
Bödefeld / 11.05.2013

Detailed evaluation

Stuivenvolt, Jose

Club: AVNop
Number: 2385

Course: 21.00 km
21 km Lauf

Category:
Seniorinnen W50

Total time: 2:08:01

Speed: 9.84 km/h
Running performance: 6:06 min/km

Rank in course/Total: 27 (of 63)

Rank in course/Women: 5 (of 16)

Best time in course: 1:51:59

Rank in category: 2(of 3)

Best time in the category: 2:02:39