



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch
Bödefeld / 11.05.2013

Detailed evaluation

Fischer-Behnen, Achim

Club: Hamm
Number: 2433

Course: 21.00 km
21 km Lauf

Category:
Senioren M55

Total time: 2:11:18

Speed: 9.60 km/h
Running performance: 6:15 min/km

Rank in course/Total: 36 (of 63)

Rank in course/Men: 30 (of 47)

Best time in course: 1:32:40

Rank in category: 2(of 4)

Best time in the category: 2:07:33