



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch  
Bödefeld / 11.05.2013

Detailed evaluation

van Doorn, Willem

Club: Helmond

Number: 2379

Course: 21.00 km

21 km Lauf

Category:

Senioren M50

Total time: 2:13:26

Speed: 9.44 km/h

Running performance: 6:21 min/km

Rank in course/Total: 38 (of 63)

Rank in course/Men: 31 (of 47)

Best time in course: 1:32:40

Rank in category: 6(of 11)

Best time in the category: 1:52:45