



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch  
Bödefeld / 11.05.2013

Detailed evaluation

Gollan, Christiane

Club: Eintracht Duisburg  
Number: 2400

Course: 21.00 km  
21 km Lauf

Category:  
Seniorinnen W45

Total time: 2:17:45

Speed: 9.15 km/h  
Running performance: 6:34 min/km

Rank in course/Total: 44 (of 63)

Rank in course/Women: 8 (of 16)

Best time in course: 1:51:59

Rank in category: 2(of 5)

Best time in the category: 2:11:33