



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch
Bödefeld / 11.05.2013

Detailed evaluation

Gerigk, Michael

Club: Ski-Club Neubeckum
Number: 2426

Course: 21.00 km
21 km Lauf

Category:
Senioren M50

Total time: 2:22:35

Speed: 8.84 km/h
Running performance: 6:47 min/km

Rank in course/Total: 48 (of 63)

Rank in course/Men: 40 (of 47)

Best time in course: 1:32:40

Rank in category: 9(of 11)

Best time in the category: 1:52:45