



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch
Bödefeld / 11.05.2013

Detailed evaluation

Biermann, Philipp

Club: TSV 1863Herdecke
Number: 2152

Course: 14.00 km
14 km Lauf

Category:
Männer

Total time: 1:03:44

Speed: 13.18 km/h

Running performance: 4:33 min/km

Rank in course/Total: 6 (of 73)

Rank in course/Men: 6 (of 48)

Best time in course: 53:45

Rank in category: 2(of 6)

Best time in the category: 56:35