



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch
Bödefeld / 11.05.2013

Detailed evaluation

Jürgens, Klaus-Dieter

Club: TC Kirchhunden
Number: 2408

Course: 21.00 km
21 km Lauf

Category:
Senioren M70

Total time: 2:42:02

Speed: 7.78 km/h
Running performance: 7:43 min/km

Rank in course/Total: 55 (of 63)

Rank in course/Men: 45 (of 47)

Best time in course: 1:32:40

Rank in category: 1(of 1)

Best time in the category: 2:42:02