



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch  
Bödefeld / 11.05.2013

Detailed evaluation

**Neumann, Andreas**

Club: Plettenberg

Number: 2369

Course: 21.00 km

21 km Lauf

Category:

Senioren M50

Total time: 2:47:58

Speed: 7.50 km/h

Running performance: 8:00 min/km

Rank in course/Total: 58 (of 63)

Rank in course/Men: 47 (of 47)

Best time in course: 1:32:40

Rank in category: 11(of 11)

Best time in the category: 1:52:45