



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch
Bödefeld / 11.05.2013

Detailed evaluation

Evans, Angela

Club: Düsseldorf
Number: 2428

Course: 21.00 km
21 km Lauf

Category:
Seniorinnen W40

Total time: 2:52:58

Speed: 7.28 km/h
Running performance: 8:14 min/km

Rank in course/Total: 59 (of 63)
Rank in course/Women: 12 (of 16)
Best time in course: 1:51:59

Rank in category: 2(of 3)
Best time in the category: 2:43:17