



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch
Bödefeld / 11.05.2013

Detailed evaluation

Stötzel, Almuth

Club: TSG Helberhausen
Number: 2109

Course: 14.00 km
14 km Lauf

Category:
Seniorinnen W40

Total time: 1:07:25

Speed: 12.46 km/h
Running performance: 4:49 min/km

Rank in course/Total: 10 (of 73)

Rank in course/Women: 1 (of 25)

Best time in course: 1:07:25

Rank in category: 1(of 4)

Best time in the category: 1:07:25