



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch

Bödefeld / 11.05.2013

Detailed evaluation

Wiese, Peter

Club: Team Langenberg-Marathon

Number: 2739

Course: 42.00 km

42 km Lauf

Category:

Senioren M45

Total time: 4:04:32

Speed: 10.31 km/h

Running performance: 5:49 min/km

Rank in course/Total: 10 (of 56)

Rank in course/Men: 10 (of 46)

Best time in course: 3:09:35

Rank in category: 2(of 7)

Best time in the category: 3:09:35

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Nasse Wiese	19.50	1:50:07	5:38	2	26:13	12	1:09:36	19.50	1:50:07	5:38	2	26:13	33	1:09:36
Finish	22.50	2:14:25	5:58	2	28:44	11	28:44	42.00	4:04:32	5:49	2	54:57	10	54:57