



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch
Bödefeld / 11.05.2013

Detailed evaluation

Lemm, Natalie

Club: TSVE 1890 Bielefeld
Number: 2727

Course: 42.00 km
42 km Lauf

Category:
Seniorinnen W35

Total time: 4:29:21

Speed: 9.36 km/h
Running performance: 6:25 min/km

Rank in course/Total: 23 (of 56)
Rank in course/Women: 1 (of 10)
Best time in course: 4:29:21

Rank in category: 1(of 4)
Best time in the category: 4:29:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	2:05:40	6:26	1	-	1	-	19.50	2:05:40	6:26	1	-	1	-
Finish	22.50	2:23:41	6:23	1	-	1	-	42.00	4:29:21	6:24	1	-	1	-