



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch

Bödefeld / 11.05.2013

Detailed evaluation

Jordan, Jürgen

Club: SuS Bertlich

Number: 3154

Course: 67.00 km

67 km Lauf

Category:

Senioren M60

Total time: 7:00:30

Speed: 9.56 km/h

Running performance: 6:17 min/km

Rank in course/Total: 16 (of 46)

Rank in course/Men: 15 (of 37)

Best time in course: 5:06:44

Rank in category: 1(of 3)

Best time in the category: 7:00:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:00:18	6:10	1	-	15	30:18	19.50	2:00:18	6:10	1	-	34	
Kühude	20.50	2:08:01	6:14	1	-	16	37:40	40.00	4:08:19	6:12	1	-	34	
Nasse Wiese	20.50	2:16:55	6:40	1	-	15	40:30	60.50	6:25:14	6:22	1	-	34	
Finish	6.50	35:16	5:25	1	-	15	8:37	67.00	7:00:30	6:16	1	-	15	1:53:46