



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch
Bödefeld / 11.05.2013

Detailed evaluation

Arndt, Tine

Club: Dielaufgruppe

Number: 2142

Course: 14.00 km

14 km Lauf

Category:

Seniorinnen W30

Total time: 1:11:51

Speed: 11.69 km/h

Running performance: 5:08 min/km

Rank in course/Total: 20 (of 73)

Rank in course/Women: 2 (of 25)

Best time in course: 1:07:25

Rank in category: 1(of 2)

Best time in the category: 1:11:51