



# 7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch

Bödefeld / 11.05.2013

## Detailed evaluation

**Kortekamp, Jochen**

Club: Cross+Quer-Team

Number: 2725

Course: 42.00 km

42 km Lauf

Category:

Senioren M50

Total time: 4:53:39

Speed: 8.58 km/h

Running performance: 6:59 min/km

Rank in course/Total: 33 (of 56)

Rank in course/Men: 31 (of 46)

Best time in course: 3:09:35

Rank in category: 11(of 17)

Best time in the category: 3:40:18

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:18:33	7:06	14	1:38:02	37	1:38:02	19.50	2:18:33	7:06	11	42:04	9	1:38:02
Finish	22.50	2:35:06	6:53	10	31:17	27	49:25	42.00	4:53:39	6:59	11	1:13:21	31	1:44:04