



# 7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch

Bödefeld / 11.05.2013

## Detailed evaluation

**Luckey, Michael**

Club: TuS Heinrichsthal Wehrstapel

Number: 2729

Course: 42.00 km

42 km Lauf

Category:

Senioren M40

Total time: 4:54:34

Speed: 8.55 km/h

Running performance: 7:01 min/km

Rank in course/Total: 34 (of 56)

Rank in course/Men: 32 (of 46)

Best time in course: 3:09:35

Rank in category: 7(of 8)

Best time in the category: 3:18:58

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Nasse Wiese	19.50	2:11:56	6:45	5	39:00	31	1:31:25	19.50	2:11:56	6:45	7	38:56	10	1:31:25
Finish	22.50	2:42:38	7:13	7	56:40	33	56:57	42.00	4:54:34	7:00	7	1:35:36	32	1:44:59