



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch
Bödefeld / 11.05.2013

Detailed evaluation

Lauber, Birgit

Club: M&M Adams GmbH
Number: 2133

Course: 14.00 km
14 km Lauf

Category:
Seniorinnen W35

Total time: 1:18:58

Speed: 10.64 km/h
Running performance: 5:38 min/km

Rank in course/Total: 32 (of 73)

Rank in course/Women: 5 (of 25)

Best time in course: 1:07:25

Rank in category: 1(of 4)

Best time in the category: 1:18:58