



# 7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch

Bödefeld / 11.05.2013

## Detailed evaluation

**Brocker, Jörg**

Club: LG DUV

Number: 2985

Course: 67.00 km

67 km Lauf

Category:

Senioren M40

Total time: 7:43:23

Speed: 8.68 km/h

Running performance: 6:55 min/km

Rank in course/Total: 27 (of 46)

Rank in course/Men: 24 (of 37)

Best time in course: 5:06:44

Rank in category: 6(of 11)

Best time in the category: 5:20:45

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:19:51	7:10	7	42:00	28	49:51	19.50	2:19:51	7:10	6	42:00	6	1:20
Kühude	20.50	2:14:59	6:35	6	36:24	23	44:38	40.00	4:34:50	6:52	6	1:18:24	6	2:57
Nasse Wiese	20.50	2:27:57	7:13	4	51:32	20	51:32	60.50	7:02:47	6:59	6	2:09:56	6	
Finish	6.50	40:36	6:14	7	12:42	26	13:57	67.00	7:43:23	6:54	6	2:22:38	24	2:36:39