



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch  
Bödefeld / 11.05.2013

Detailed evaluation

**Bruchhage, Rita**

Club: Skiclub Hagen  
Number: 2116

Course: 14.00 km  
14 km Lauf

Category:  
Seniorinnen W45

Total time: 1:23:59

Speed: 10.00 km/h  
Running performance: 6:00 min/km

Rank in course/Total: 36 (of 73)

Rank in course/Women: 7 (of 25)

Best time in course: 1:07:25

Rank in category: 1(of 6)

Best time in the category: 1:23:59