



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch
Bödefeld / 11.05.2013

Detailed evaluation

Hilber, Uli

Club: SC Fretter

Number: 2121

Course: 14.00 km

14 km Lauf

Category:

Senioren M60

Total time: 1:27:17

Speed: 9.62 km/h

Running performance: 6:14 min/km

Rank in course/Total: 40 (of 73)

Rank in course/Men: 33 (of 48)

Best time in course: 53:45

Rank in category: 2(of 3)

Best time in the category: 1:09:08