



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch

Bödefeld / 11.05.2013

Detailed evaluation

Bierman, An

Club: Hunzerunners Annen

Number: 2760

Course: 42.00 km

42 km Lauf

Category:

Seniorinnen W55

Total time: 5:29:08

Speed: 7.66 km/h

Running performance: 7:50 min/km

Rank in course/Total: 50 (of 56)

Rank in course/Women: 6 (of 10)

Best time in course: 4:29:21

Rank in category: 1(of 1)

Best time in the category: 5:29:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	2:24:11	7:23	1	-	6	18:31	19.50	2:24:11	7:23	1	-	6	18:31
Finish	22.50	3:04:57	8:13	1	-	6	41:16	42.00	5:29:08	7:50	1	-	6	59:47