



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch
Bödefeld / 11.05.2013

Detailed evaluation

Schönenberg, Bärbel-Luise

Club: Roter Teufel
Number: 2745

Course: 42.00 km
42 km Lauf

Category:
Seniorinnen W50

Total time: 5:34:02

Speed: 7.54 km/h
Running performance: 7:57 min/km

Rank in course/Total: 51 (of 56)

Rank in course/Women: 7 (of 10)

Best time in course: 4:29:21

Rank in category: 1(of 2)

Best time in the category: 5:34:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	2:23:15	7:20	1	-	4	17:35	19.50	2:23:15	7:20	1	-	7	17:35
Finish	22.50	3:10:47	8:28	1	-	7	47:06	42.00	5:34:02	7:57	1	-	7	1:04:41