



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch
Bödefeld / 11.05.2013

Detailed evaluation

Salzbrunn, Peter

Club: Lauf Team Unna
Number: 2056

Course: 14.00 km
14 km Lauf

Category:
Senioren M40

Total time: 1:29:54

Speed: 9.34 km/h
Running performance: 6:25 min/km

Rank in course/Total: 44 (of 73)

Rank in course/Men: 36 (of 48)

Best time in course: 53:45

Rank in category: 4(of 6)

Best time in the category: 1:10:07