



## 7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch

Bödefeld / 11.05.2013

### Detailed evaluation

**Stricker, Monika**

Club: Wenden

Number: 2122

Course: 14.00 km

14 km Lauf

Category:

Seniorinnen W45

Total time: 1:29:55

Speed: 9.34 km/h

Running performance: 6:25 min/km

Rank in course/Total: 45 (of 73)

Rank in course/Women: 9 (of 25)

Best time in course: 1:07:25

Rank in category: 3(of 6)

Best time in the category: 1:23:59