



# 7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch

Bödefeld / 11.05.2013

## Detailed evaluation

**Linnarz, Sylvia**

Club: Team Erdinger Alkoholfrei

Number: 2728

Course: 42.00 km

42 km Lauf

Category:

Seniorinnen W40

Total time: 5:45:19

Speed: 7.30 km/h

Running performance: 8:13 min/km

Rank in course/Total: 53 (of 56)

Rank in course/Women: 9 (of 10)

Best time in course: 4:29:21

Rank in category: 2(of 2)

Best time in the category: 4:43:38

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	2:25:29	7:27	2	18:05	7	19:49	19.50	2:25:29	7:27	2	18:05	9	19:49
Finish	22.50	3:19:50	8:52	2	43:36	9	56:09	42.00	5:45:19	8:13	2	1:01:41	9	1:15:58