



# 7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch

Bödefeld / 11.05.2013

## Detailed evaluation

Walker, Andreas

Club: BSG RheinEnergie

Number: 3023

Course: 67.00 km

67 km Lauf

Category:

Senioren M40

Total time: 8:24:21

Speed: 7.97 km/h

Running performance: 7:32 min/km

Rank in course/Total: 37 (of 46)

Rank in course/Men: 32 (of 37)

Best time in course: 5:06:44

Rank in category: 10(of 11)

Best time in the category: 5:20:45

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:32:03	7:47	11	54:12	35	1:02:03	19.50	2:32:03	7:47	10	54:12	14	13:32
Kühude	20.50	2:19:30	6:48	9	40:55	28	49:09	40.00	4:51:33	7:17	10	1:35:07	14	19:40
Nasse Wiese	20.50	2:54:53	8:31	10	1:18:28	32	1:18:28	60.50	7:46:26	7:42	10	2:53:35	14	32:42
Finish	6.50	37:55	5:49	5	10:01	19	11:16	67.00	8:24:21	7:31	10	3:03:36	32	3:17:37