



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch
Bödefeld / 11.05.2013

Detailed evaluation

Langner, Susann

Club: LT Laufmasche
Number: 2053

Course: 14.00 km
14 km Lauf

Category:
Seniorinnen W40

Total time: 1:31:55

Speed: 9.14 km/h
Running performance: 6:34 min/km

Rank in course/Total: 53 (of 73)
Rank in course/Women: 13 (of 25)
Best time in course: 1:07:25

Rank in category: 3(of 4)
Best time in the category: 1:07:25