



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch
Bödefeld / 11.05.2013

Detailed evaluation

Döring, Anke

Club: WAT Läufer
Number: 2048

Course: 14.00 km
14 km Lauf

Category:
Seniorinnen W45

Total time: 1:32:57

Speed: 9.04 km/h
Running performance: 6:38 min/km

Rank in course/Total: 55 (of 73)
Rank in course/Women: 14 (of 25)
Best time in course: 1:07:25

Rank in category: 4(of 6)
Best time in the category: 1:23:59