



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch  
Bödefeld / 11.05.2013

Detailed evaluation

Fensky, Ulrich

Club: aachen  
Number: 2988

Course: 67.00 km  
67 km Lauf

Category:  
Senioren M60

Total time: 9:14:54

Speed: 7.24 km/h  
Running performance: 8:17 min/km

Rank in course/Total: 40 (of 46)

Rank in course/Men: 35 (of 37)

Best time in course: 5:06:44

Rank in category: 2(of 3)

Best time in the category: 7:00:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:32:13	7:48	2	31:55	36	1:02:13	19.50	2:32:13	7:48	2	31:55	17	13:42
Kühude	20.50	2:37:48	7:41	3	29:47	35	1:07:27	40.00	5:10:01	7:45	2	1:01:42	17	38:08
Nasse Wiese	20.50	3:10:22	9:17	2	53:27	35	1:33:57	60.50	8:20:23	8:16	2	1:55:09	17	1:06:39
Finish	6.50	54:31	8:23	3	19:15	35	27:52	67.00	9:14:54	8:16	2	2:14:24	35	4:08:10