



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch  
Bödefeld / 11.05.2013

Detailed evaluation

Kost, Anna

Club: Schmallerberg  
Number: 2123

Course: 14.00 km  
14 km Lauf

Category:  
Frauen

Total time: 1:42:08

Speed: 8.22 km/h  
Running performance: 7:18 min/km

Rank in course/Total: 64 (of 73)  
Rank in course/Women: 21 (of 25)  
Best time in course: 1:07:25

Rank in category: 3(of 3)  
Best time in the category: 1:34:07