



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch
Bödefeld / 11.05.2013

Detailed evaluation

Dahlmanns, Simone

Club: Maastricht
Number: 2172

Course: 14.00 km
14 km Lauf

Category:
Seniorinnen W45

Total time: 1:46:49

Speed: 7.86 km/h
Running performance: 7:38 min/km

Rank in course/Total: 69 (of 73)
Rank in course/Women: 23 (of 25)
Best time in course: 1:07:25

Rank in category: 6(of 6)
Best time in the category: 1:23:59