



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch
Bödefeld / 11.05.2013

Detailed evaluation

Hardenack, Frank

Club: Neuenklausheim
Number: 2472

Course: 21.00 km
21 km Lauf

Category:
Senioren M35

Total time: 1:32:40

Speed: 13.60 km/h
Running performance: 4:25 min/km

Rank in course/Total: 1 (of 63)

Rank in course/Men: 1 (of 47)

Best time in course: 1:32:40

Rank in category: 1(of 3)

Best time in the category: 1:32:40