



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch
Bödefeld / 11.05.2013

Detailed evaluation

Liesemanns, Alice

Club: Geldern
Number: 2148

Course: 14.00 km
14 km Lauf

Category:
Seniorinnen W30

Total time: 1:49:51

Speed: 7.65 km/h
Running performance: 7:51 min/km

Rank in course/Total: 72 (of 73)
Rank in course/Women: 25 (of 25)
Best time in course: 1:07:25

Rank in category: 2(of 2)
Best time in the category: 1:11:51