



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch  
Bödefeld / 11.05.2013

Detailed evaluation

Mohnberg, Hans-Peter

Club: Deutsche Ultramarathon Vereinigung  
Number: 3110

Course: 101.00 km  
101 km Lauf

Category:  
Senioren M65

Total time: 13:37:14

Speed: 7.42 km/h  
Running performance: 8:05 min/km

Rank in course/Total: 66 (of 79)

Rank in course/Men: 55 (of 65)

Best time in course: 8:58:12

Rank in category: 1(of 1)

Best time in the category: 13:37:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:22:53	7:19	1	-	48	44:08	19.50	2:22:53	7:19	1	-	23	16:21
Kühude	20.50	2:36:44	7:38	1	-	61	52:21	40.00	4:59:37	7:29	1	-	23	32:46
Rhein-Weser-Tur	17.00	2:07:52	7:31	1	-	46	41:57	57.00	7:07:29	7:29	1	-	23	33:19
Kühude	17.00	2:26:53	8:38	1	-	56	55:38	74.00	9:34:22	7:45	1	-	23	45:29
Nasse Wiese	20.50	3:10:30	9:17	1	-	55	1:04:47	94.50	12:44:52	8:05	1	-	23	51:49
Finish	6.50	52:22	8:03	1	-	57	21:27	101.00	13:37:14	8:05	1	-	55	4:39:02