



7. Bödefelder Hollenlauf, 9. Bödefelder Hollenmarsch

Bödefeld / 11.05.2013

Detailed evaluation

Drexler, Hans

Club: Lahmsoggen Nation

Number: 3034

Course: 101.00 km

101 km Lauf

Category:

Senioren M60

Total time: 14:30:24

Speed: 6.96 km/h

Running performance: 8:37 min/km

Rank in course/Total: 78 (of 79)

Rank in course/Men: 64 (of 65)

Best time in course: 8:58:12

Rank in category: 2(of 3)

Best time in the category: 10:48:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:42:30	8:20	3	40:25	65	1:03:45	19.50	2:42:30	8:20	2	40:25	32	35:58
Kühude	20.50	2:48:33	8:13	3	41:12	65	1:04:10	40.00	5:31:03	8:16	2	1:21:37	32	1:04:12
Rhein-Weser-Tur	17.00	2:25:35	8:33	2	41:56	63	59:40	57.00	7:56:38	8:21	2	2:03:33	32	1:22:28
Kühude	17.00	2:31:01	8:53	2	46:03	59	59:46	74.00	10:27:39	8:28	2	2:49:36	32	1:38:46
Nasse Wiese	20.50	3:11:22	9:20	2	42:04	57	1:05:39	94.50	13:39:01	8:40	2	3:31:40	32	1:45:58
Finish	6.50	51:23	7:54	2	10:26	54	20:28	101.00	14:30:24	8:37	2	3:42:06	64	5:32:12