



15. Slusialauf 2013 \"Zur Eisernen Hand\"
Schleusingen / 12.05.2013

Detailed evaluation

Güntzel, Wieland

Club: Themar

Number: 266

Course: 14.10 km

Hauptlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:23:42

Speed: 10.04 km/h

Running performance: 5:56 min/km

Rank in course/Total: 46 (of 55)

Rank in course/Men: 39 (of 40)

Best time in course: 53:44

Rank in category: 4(of 4)

Best time in the category: 1:05:39