



15. Slusialauf 2013 \"Zur Eisernen Hand\"  
Schleusingen / 12.05.2013

Detailed evaluation

Friedrich, Verena

Club: Schwarzbach

Number: 413

Course: 14.10 km

Hauptlauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:27:03

Speed: 9.65 km/h

Running performance: 6:10 min/km

Rank in course/Total: 49 (of 55)

Rank in course/Women: 10 (of 15)

Best time in course: 1:06:50

Rank in category: 2(of 3)

Best time in the category: 1:06:50