



15. Slusialauf 2013 \"Zur Eisernen Hand\"  
Schleusingen / 12.05.2013

Detailed evaluation

**Blau, Claudia**

Club: hinternah  
Number: 386

Course: 14.10 km  
Nordic Walking

Category:  
Damen

Total time: 2:14:04

Speed: 6.27 km/h  
Running performance: 9:31 min/km

Rank in course/Total: 8 (of 17)  
Rank in course/Women: 6 (of 13)  
Best time in course: 2:01:51

Rank in category: 6(of 13)  
Best time in the category: 2:01:51