



15. Slusialauf 2013 \"Zur Eisernen Hand\"
Schleusingen / 12.05.2013

Detailed evaluation

Thomas, Christian

Club: LAV Saale-Rennsteig
Number: 398

Course: 5.50 km
Schnupperlauf, Jugendlauf U20, U18

Category:
Herren

Total time: 30:19

Speed: 10.89 km/h
Running performance: 5:31 min/km

Rank in course/Total: 4 (of 9)

Rank in course/Men: 4 (of 6)

Best time in course: 23:30

Rank in category: 1(of 2)

Best time in the category: 30:19