



15. Slusialauf 2013 \"Zur Eisernen Hand\"
Schleusingen / 12.05.2013

Detailed evaluation

Von Nordheim, Burkhard

Club: SC Motor Zella-Mehlis
Number: 407

Course: 21.10 km
Halbmarathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:54:35

Speed: 11.00 km/h
Running performance: 5:26 min/km

Rank in course/Total: 20 (of 33)

Rank in course/Men: 19 (of 28)

Best time in course: 1:25:25

Rank in category: 2(of 4)

Best time in the category: 1:42:48