



15. Slusialauf 2013 \"Zur Eisernen Hand\"
Schleusingen / 12.05.2013

Detailed evaluation

Kraft, Thomas

Club: Hainichen

Number: 262

Course: 14.10 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:45:37

Speed: 7.95 km/h

Running performance: 7:29 min/km

Rank in course/Total: 55 (of 55)

Rank in course/Men: 40 (of 40)

Best time in course: 53:44

Rank in category: 7(of 7)

Best time in the category: 54:41