



15. Slusialauf 2013 \"Zur Eisernen Hand\"  
Schleusingen / 12.05.2013

Detailed evaluation

Förseh, Michael

Club: AMG Mercedes

Number: 300

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:55:46

Speed: 10.88 km/h

Running performance: 5:29 min/km

Rank in course/Total: 22 (of 33)

Rank in course/Men: 20 (of 28)

Best time in course: 1:25:25

Rank in category: 6(of 7)

Best time in the category: 1:26:22