



15. Slusialauf 2013 \"Zur Eisernen Hand\"  
Schleusingen / 12.05.2013

Detailed evaluation

**Gericke, Steffen**

Club: SC Steinbach HGB  
Number: 299

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:57:35

Speed: 10.72 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 23 (of 33)

Rank in course/Men: 21 (of 28)

Best time in course: 1:25:25

Rank in category: 7(of 7)

Best time in the category: 1:26:22